



# Wish List

**PLEASE CHECK ALL EXPIRATIONS DATES BEFORE CONSUMING FOOD**

**NO GLASS JARS PLEASE**

## **Grains**

- Bread or muffin mixes
- Cold and hot cereals
- Dry noodles and pasta
- Flour
- Graham crackers
- Granola bars
- Infant cereal
- Macaroni and cheese mixes
- Noodle mixes
- Oatmeal
- Pancake mix
- Popcorn
- Whole-grain crackers

## **Vegetables**

- Baby food – vegetables
- Canned tomato products
- Canned vegetables
- Spaghetti sauce
- Vegetable juice
- Vegetable soup

## **Fruits**

- Apple sauce
- Baby food - fruit
- Canned and boxed fruit juice
- Canned fruit

## **Dairy**

- Evaporated milk
- Infant formula
- Instant breakfast drinks Nonfat dry milk
- Powdered milk

## **Protein Foods**

- Baked beans
- Bean soup
- Beef stew
- Canned and dry beans
- Canned chicken
- Canned chili
- Canned tuna or salmon
- Peanut butter

## **Other**

- Honey
- Jelly and jam
- Mayonnaise
- Salad dressings
- Sugar
- Syrup
- Vegetable oils